

September

Dear Parents/Guardians

Head lice have been a common problem for many years. It is fairly easy to get head lice. This can happen at home, play or school. Anyone can get head lice. Head lice are mainly spread through direct head to head contact. There may be some transfer from sharing hats, brushes, headphones, helmets, combs, hair accessories and other personal items.

Parents and guardians have the responsibility to take an active role in the **prevention** of head lice outbreaks by:

- checking your child's head weekly for lice or nits
- talking to your child about **not** sharing hats, brushes, headphones, helmets, combs, hair accessories or other personal items
- tying back long hair

When head lice are found parents and guardians have the responsibility to take an active role in the **management** of head lice by:

- beginning treatment of head lice
- informing your child's school

Research has shown that mass screening for head lice is **not** effective. Children sometimes get lice because they play closely together. Parents or guardians may feel frustrated or embarrassed; however, the problem has nothing to do with standards of cleanliness.

If you have any questions, please contact your Community Health Nurse. S/he will be able to advise you on what to look for and provide information on effective treatment for your family.

Thank you for your cooperation.

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Community Health Nurse  
Ph:

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Principal  
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